

#### **Rutgers Cooperative Extension Water Resources Program**

Christopher C. Obropta, Ph.D., P.E. Email: <u>obropta@envsci.rutgers.edu</u> <u>www.water.rutgers.edu</u>







## **Rutgers Cooperative Extension**

Rutgers Cooperative Extension (RCE) helps the diverse population of New Jersey adapt to a rapidly changing society and improves their lives through an educational process that uses science-based knowledge.







### Water Resources Program

Water Resources Program



Our mission is to identify and address water resources issues by engaging and empowering communities to employ practical science-based solutions to help create a more equitable and sustainable New Jersey.

# **New Jersey**

- Most densely populated state
- 21 counties, 565 municipalities
- 95% of our waterways are impaired
- Harmful Algal Blooms (HABS) in many of our lakes
- Hammered by Ida, Henri, Sandy, and a bunch of nor'easters
- Climate change is real more severe storms and sea level rise



# **New Jersey Regulations**

- N.J.A.C. 7:8 Stormwater Management Regulations (major development)
- Municipal Separate Storm Sewer System (MS4) NJPDES General Permit (564 municipalities)
- Combined Sewer Overflow NJPDES Individual Permits (21 cities)

### N.J.A.C. 7:8 - Stormwater Management Regulations

- Use nonstructural management strategies
- Protect communities from increases in stormwater volume and peak flows as a result of new development
- Maintain groundwater recharge
- Protect waterways from pollution carried in stormwater runoff

### **New Jersey Stormwater Management Rules**

- Rules apply to any "Major Development" defined as a project disturbing more than 1 acre or increasing impervious surfaces by ¼ acre or more
- Design and Performance Standards established in NJAC 7:8-5, for:
  - Nonstructural Stormwater Management Strategies
  - Stormwater Quantity
  - Groundwater Recharge
  - Stormwater Quality
  - Stormwater Maintenance Plan

### **Nonstructural Strategies**

- Plan the project using Low Impact Development (LID) Principles
- Collect, infiltrate, and where possible reuse stormwater near its source
- Capture runoff from small storm events in vegetated systems to protect water quality and promote recharge
- Minimize and disconnect impervious surfaces

- 1. Protect areas that provide water quality benefits or areas particularly susceptible to erosion and sediment loss
- 2. Minimize impervious surfaces and break up or disconnect the flow of runoff over impervious surfaces
- 3. Maximize the protection of natural drainage features and vegetation
- 4. Minimize the decrease in the "time of concentration" from pre-construction to postconstruction
- 5. Minimize land disturbance including clearing and grading
- 6. Minimize soil compaction
- 7. Provide low-maintenance landscaping that encourages retention and planting of native vegetation and minimizes the use of lawns, fertilizers and pesticides
- 8. Provide vegetated open-channel conveyance systems discharging into and through stable vegetated areas
- 9. Provide other source controls to prevent or minimize the use or exposure of pollutants at the site in order to prevent or minimize the release of those pollutants into stormwater runoff

### **2019 Revisions**

- The current requirement that major developments incorporate nonstructural stormwater management strategies to the "maximum extent practical" to meet groundwater recharge standards, stormwater runoff quantity standards, and stormwater runoff quality standards, with a requirement that green infrastructure be utilized to meet these same standards.
- 2. Total suspended solids (TSS) removal only applies to runoff from motor vehicle surfaces

# **NJDEP Green Infrastructure Definition**

A stormwater management measure that manages stormwater close to its source by:

- 1. Treating stormwater runoff through infiltration into subsoil
- 2. Treating stormwater runoff through filtration by vegetation or soil
- 3. Storing stormwater runoff for reuse







Best Management Practice	Quality TSS removal rate (%)	Quantity	Recharge	Minimum separation from seasonal high-water table (ft)
<b>Bioretention Systems</b>	80 or 90	Yes	Yes No	2 1
Cisterns	0	Yes	No	-
Dry Wells	0	No	Yes	2
Grass Swales	50 or less	No	No	2
Green Roofs	0	Yes	No	-
Infiltration Basins	80	Yes	Yes	2
Manufactured Treatment Device	50 or 80	No	No	Dependent upon the device
Pervious Paving Systems	80	Yes	Yes No	2 1
Sand Filters	80	Yes	Yes	2
Vegetative Filter Strips	60-80	No	No	-

Let's talk about the practicality of these new regulations

(Maximum Drainage Area 2.5 acres for each practice)

Best Management Practice	Quality TSS removal rate (%)	Quantity	Recharge	Minimum separation from seasonal high-water table (ft)
<b>Bioretention Systems</b>	80 or 90	Yes	Yes No	2 1
Cisterns	0	Yes	No	-
Dry Wells	0	No	Yes	2
Grass Swales	50 or less	No	No	2
Green Roofs	0	Yes	No	-
Infiltration Basins	80	Yes	Yes	2
Manufactured Treatment Device	50 or 80	No	No	Dependent upon the device
Pervious Paving Systems	80	Yes	Yes No	2 1
Sand Filters	80	Yes	Yes	2
Vegetative Filter Strips	60-80	No	No	-

#### Pervious Paving Systems

POROUS ASPHALT It is common to design porous asphalt in the parking stalls of a parking lot. This saves money and reduces wear.

.....

**DRAINAGE AREA** The drainage area of the porous asphalt system is the conventional asphalt cartway and the porous asphalt in the parking spaces. Runoff from the conventional asphalt flows into the porous asphalt parking spaces.

#### SUBGRADE

Porous pavements are unique because of their subgrade structure. This structure includes a layer of choker course, filter course, and soil.

#### UNDERDRAIN

Systems with low infiltration rates due to soil composition are often designed with an underdrain system to discharge the water.

ASPHALT This system is often designed with conventional asphalt in areas of high traffic to prevent any damage to the system.

#### **ADVANTAGES**

- Manage stormwater runoff
- Minimize site disturbance
- Promote groundwater recharge
- Low life cycle costs, alternative to costly traditional stormwater management methods
- Mitigation of urban heat island effect
- Contaminant removal as water moves through layers of the system

#### **COMPONENTS**



### **Porous Asphalt**



### **Grass Pavers**



### Bioretention Systems





















### **Infiltration Systems**

#### Surface Infiltration Basin – Plan View



#### Surface Infiltration Basin – Profile View



#### Infiltration – Extended Detention Basin: Profile View



### **Sand Filter**

#### **Profile View – Sand Filter Basics**



#### Profile View – Sand Filter with Underdrain



### N.J.A.C. 7:14a - Municipal "Phase II" NJPDES Stormwater Regulations

- Regulates discharges to surface water and groundwater of stormwater from large, medium, and small municipal separate storm sewer systems
- Three general permits:
  - 1. Municipalities
  - 2. Public Complexes
  - 3. Highway Departments

### **Summary of MS4 Requirements**

- 1. Stormwater Management Program
- 2. Minimum Standards for Public Involvement
- 3. Minimum Standards for Local Public Education
- 4. Minimum Standards for Construction Site Stormwater Runoff
- 5. Minimum Standards for Post Construction Stormwater Management in New Development and Redevelopment
- 6. Minimum Standards for Pollution Prevention/ Good Housekeeping for Municipal Operators
- 7. Minimum Stands for MS4 Mapping, and Scouring, and Illicit Discharge Detection and Elimination
- 8. Watershed Improvement Plan
- 9. Additional Measures and Optional Measures

# Combined Sewer Overflow NJPDES Individual Permits

- 21 Cities with Combined Sewer Overflows (CSOs)
- NJDEP issuing individual permits to eliminate these CSOs
- Cities developing Long-Term Control Plans (LTCP)
- Community engagement important in developing LTCP
- Green Infrastructure a key component of LTCP
- Green Infrastructure required community engagement to be successful



# What is the Role of the Rutgers Cooperative Extension Water Resources Program?

# **Our Thought Process**

- 1. Don't think like an academic; think like a consultant
- 2. Motivation is improving quality of life, not making money
- 3. Take advantage of the brand (everyone loves and trust Rutgers)
- 4. Engage the students
- 5. Set clear expectations
- 6. Always find ways to improve the final deliverables
- 7. Empower local leaders and get the public involved

# Let's talk about some of our programs

- Tech Assistance for CSO Communities
- Tech Assistance for MS4 Communities
- Stormwater Management in Your Schoolyard
- Green Infrastructure Planning, Design, and Implementation
- Green Infrastructure Champions

#### New Jersey Technical Assistance Program for Combined Sewered Communities (21 Cities have Combined Sewers in New Jersey)

- Creating municipal action team for green infrastructure
- Conducting education and outreach programs for a variety of audiences (dischargers, politicians, residents, businesses, community groups)
- Developing Green Infrastructure Feasibility Studies
- Designing demonstration projects
- Soliciting funding including Environmental Infrastructure Trust applications





# Created Green Infrastructure Municipal Action Teams

- Camden SMART
- Newark DIG





- Paterson SMART
- Perth Amboy SWIM





Storm Water Infrastructure Management

# **Community Meetings**

- Several meetings across the City
- Residents completed short surveys and sketched on neighborhood maps to identify existing areas of flooding and potential areas for green infrastructure






# Site Visits and City Tours

- Conducted multiple visits and tours to individual neighborhoods
- Met with community leaders
- Photographed and measured green infrastructure opportunity sites







### **COMMUNITY-BASED GREEN INFRASTRUCTURE** FOR THE CITY OF CAMDEN Feasibility Study November 2011 Rutgers



# **Building Projects**

















### It's all about relationships









# It's all about local champions





### It's all about commitment







### It's all about future generations



### Where are we now?

- 1. Received grants for \$1.2 million to implement a green street projects in Newark (NJDEP/EPA)
- 2. Received \$553,500 to implement green infrastructure at Newark Housing Authority site (NJDEP/EPA)
- 3. The Nature Conservancy received \$8 million for re-establishing tree canopy in Newark (USDA)
- 4. Rutgers received \$10 million to implement green infrastructure projects in Newark, Paterson, and Perth Amboy (NOAA)

Green Infrastructure Planning, Design, and Implementation for MS4 Communities (There are 564 municipalities in New Jersey)

- Conducting Impervious Cover Assessments (ICAs)
- Hosting community meetings and delivering workshops
- Developing Impervious Cover Reduction Action Plans (RAPs)
- Designing and implementing demonstration projects
- Updating ordinances, building codes, and master plans



# Let's talk about some of our planning efforts for MS4 communities

- Regional Stormwater Management Plans (NJDEP)
- Watershed Restoration and Protection Plans (USEPA)
- Impervious Cover Assessments (ICAs) and Impervious Cover Reduction Action Plans (RAPs) (RCE Water Resources Program)
- Green Infrastructure Feasibility Studies

### What does the science say about impervious surfaces?



**Reference:** Tom Schueler and Lisa Fraley-McNeal, Symposium on Urbanization and Stream Ecology, May 23 and 24, 2008



## Impervious Cover Assessment (ICA)









Subwatershed	Total Area (ac)	Impervious Cover (ac)	%
Branchport Creek	1,258	436	35.3%
Whale Pond Brook	596	156	26.2%
Total	1,854	592	32.3%

Subwatershed	Impervious Cover (acres)	NJ Water Quality Storm (Mgal)	Annual Rainfall of 47.6" (Mgal)	
Branchport Creek	436	14.8	563.5	
Whale Pond Brook	156	5.3	201.6	
Total	592	20.1	765.1	

### **Rainfall Intensity for Design Storms for Various Time Periods (Monmouth County)**

Year	2-yr (in)	10-yr (in)	100-yr (in)	
1999	3.38	5.23	8.94	
2020	3.38	5.28	9.12	
2100	4.02	6.22	11.26	

Subwatershed	Impervious			
		2-yr	10-yr	100-yr
		(in)	(in)	(in)
		3.38	5.28	9.12
Branchport Creek	436	40.0	62.5	108.0
Whale Pond Brook	156	473.7	740.0	1,278
Total	592	5,608	8,760	15,131

Subwatershed	Impervious Cover	Rainfall 2100     2-yr   10-yr   100-yr				
	(acres)					
		(in)	(in)	(in)		
		4.02	6.22	11.26		
Branchport Creek	436	47.6	73.6	133.3		
Whale Pond Brook	156	563.4	871.7	1,578		
Total	592	6,670	10,320	18,682		

### **Comparing Runoff Volume Results for** Various Years

Design Storm	1999 (Mgal)	2020 (Mgal)	2100 (Mgal)		
2-yr	5,608	5,608	6,670		
10-yr	8,677	8,760	10,320		
100-yr	14,833	15,131	18,682		



# Impervious Cover Reduction Action Plan (RAP)

#### WEST LONG BRANCH BOROUGH: GREEN INFRASTRUCTURE SITES



#### SITES WITHIN THE BRANCHPORT CREEK SUBWATERSHED:

- 1. Frank Antonides Elementary School
- 2. Lutheran Church Reformation
- 3. Old First United Methodist Church
- 4. Saint Jerome's Catholic Church and School
- 5. Shore Regional High School
- 6. Sovereign Bank
- 7. West Long Branch Community Center
- 8. West Long Branch Public School

#### **GREEN INFRASTRUCTURE RECOMMENDATIONS**





#### Frank Antonides Elementary School

disconnected downspouts
pervious pavements
rainwater harvesting
drainage areas
property line
2012 Aerial: NJOIT, OGIS
<u>25'</u>50'

### **West Long Branch Borough**







Atlantic Coast

### **West Long Branch Borough**







Atlantic Coast



# **Green Infrastructure Feasibility Study**

- A high-end visual presentation of opportunities
- Provides green infrastructure overview
- Incorporates ICA and RAP information
- User-friendly format





bioretention system
pervious pavement
drainage area
property line
2015 Aerial: NJOIT, OGIS



100 Lakeside Drive Marlton, NJ 08053

#### BARTON RUN SWIM CLUB



Stormwater is currently directed to an existing catch basin. Installing rain gardens in the parking lot islands can capture, treat, and infiltrate stormwater runoff from the parking lot. Replacing parking spaces with porous pavement can capture and infiltrate runoff from the other side of the parking lot. A preliminary soil assessment suggests that more soil testing would be required before determining the soil's suitability for green infrastructure.

Impervious Cover Existing Loads from Impervious Cover (Ibs/yr)		Runoff Volume from Impervious Cover (Mgal)						
%	sq. ft.	TP	TN	TSS	From the 1.25" Water Quality For a Storm Raint		an Annual nfall of 44"	
30	51,770	2.5	26.1	237.7	0.040		1.42	
Recommended Infrastructure Practices	Recharge Potential (Mgal/yr)	TSS Removal Potential (lbs/yr)	Maximum Volume Reduction Potential (gal/storm)		Peak Discharge Reduction Potential (cu. ft./second)	Estim Size (	nated sq. ft.)	Estimated Cost
Bioretention systems	0.288	48	21,834		0.82	2,765		\$13,825
Pervious pavement	0.352	59	26,651		1.00 2,410		10	\$60,250

#### 41

#### BARTON RUN SWIM CLUB

### **CURRENT CONDITION**



#### BARTON RUN SWIM CLUB

100 Lakeside Drive Marlton, NJ 08053

### **CONCEPT DESIGN**



#### BARTON RUN SWIM CLUB

#### 100 Lakeside Drive Marlton, NJ 08053

### Where are we now?

- 1. Received grants for \$1.6 million to implement a MS4 Technical Assistance Program (NJDEP/EPA)
- 2. Hired four engineers to work in NE, NW, Central and South Jersey with MS4 communities
- The Green Infrastructure Feasibility Study is the foundation of the Watershed Improvement Plan that each municipality must prepare
- 4. We have completed green infrastructure plans for over 250 of the 564 municipalities.

### **Green Infrastructure Champions Program**

- 10 online classes (free)
- Certified after five classes
- Resources provided to certified Green Infrastructure Champions
- Not exclusive to New Jersey
- Creates an army of minions to advocate for green infrastructure








### Green Infrastructure Champion Training Program Classes

- 1. How to identify green infrastructure projects in your town
- 2. Moving from planning to implementation of green infrastructure



### Green Infrastructure Champion Training Program Classes

- 3. Maintaining green infrastructure practices/projects
- 4. Stormwater management regulations, policies, and ordinances



Green Infrastructure Champion Training Program Classes

- 5. Green infrastructure planning and implementation for Sustainable Jersey points
- 6. Green infrastructure projects for schools



Green Infrastructure Champion Training Program Classes

- 7. How to design and build a rain garden
- 8. Retrofitting traditional detention basins with green infrastructure





Green Infrastructure Champion Training Program Classes

- 9. Developing green infrastructure master plans for an entire site or neighborhood
- 10. Using green infrastructure to promote climate resiliency



# **Green Infrastructure Champions**

Green Infrastructure Champions are key players in implementing green infrastructure as a stormwater management approach in their community.



Cheryl Reardon works for the Association of New Jersey Environmental Commissions.



Nathaniel Sajdak works for the Wallkill River Watershed Management Group.



Laura McBride created the Deal Lake Watershed Alliance.

## **More Green Infrastructure Champions**

Green Infrastructure Champions are also from very urban areas like the City of Newark and Jersey City



Kim Gaddy, National EJ Director for Clean Water Action and South Ward Environmental Alliance Dawn Giambalvo, Director of Innovation Department of Infrastructure Office of Innovation Jersey City, NJ



Nicole Miller, Principal of MnM Consulting, Co-Chair of NewarkDIG, Co-Chair Jersey Water Works

# So what?

Ann Marchioni and Jane Kinkle on the Caldwell Environmental Commission – Green Infrastructure Champions, 2019



- Prepared a Sustainable Jersey Grant for Green Infrastructure Planning and to build two rain gardens
- Received \$20,000
- Project was a great success
- They wrote another grant to NJDEP's 319h Program
- NJDEP gave them another \$91,106 to build three more rain gardens

Laura McBride was concerned about the algae in a nearby lake. She forms the Deal Lake Watershed Alliance but is unsure what to do. One year later in 2019 she become a Green Infrastructure Champion.

- Offers rain garden workshop
- Secures funding to build a roadside rain garden to protect the lake
- Receives open space funding to restore a piece of municipallyowned vacant land next to the lake – rain gardens, boat launch, porous pavement
- Annual Gala that raises significant funding for lake restoration activities
- Pressures town to do good



Doriann Kerber, State Environmental Chair of the Lions Club Int'l and Environmental Commissioner. Green Infrastructure Champion, 2019

- Supporting 10 green infrastructure projects throughout Middlesex County
- Working with youth groups to install rain gardens (Boy Scouts, Girl Scouts, and Leo Club)
- Working directly with schools
- Shares her knowledge to empower other community members
- Tables at all the local environmental events



Kim Gaddy, 3<sup>rd</sup> generation Newark resident and founder and Director of the South Ward Environmental Alliance in Newark, has 20 years experience as an Environmental Justice Organizer fighting against air and water pollution in Newark. Green Infrastructure Champion, 2020

- Founding member of NewarkDIG
- Green Infrastructure Advocate in Newark
- Lead community effort to incorporate green infrastructure into CSO Long-Term Control Plan
- Ensures residents' voices are heard and they are active participants in decision making policies that impact their neighborhood
- Working with the City on green infrastructure workforce development



#### David Kois is a municipal planner and zoning official. Green Infrastructure Champion, 2021

- Developed a green infrastructure master plan for the Hillsborough Municipal Complex
- Led the effort to install five rain gardens and naturalize a detention basin
- Secured over \$300K for green infrastructure projects in his town
- Changed the culture of the municipal government employees to embrace green infrastructure
- One of 20 Green Infrastructure Champions from Hillsborough



Nicole Miller, Principal of MnM Consulting, is a communications professional with more than a decade of experience creating targeted publicity and marketing campaigns for a range of clients in private industry and the non-profit sector. She is the co-Chair of NewarkDIG (doing infrastructure green) incorporating green infrastructure into long-term control plan to eliminate CSOs. Green Infrastructure Champion, 2023





### Where are we now?

- 1. Over 600 certified Green Infrastructure Champions
- 2. Secured funding to support Champions in underserved communities
- 3. Train-the-Trainer Program to have Champions design rain gardens for homeowners in their community
- 4. Program will start again on January 10, 2025, registration will open in November 2024

#### **Stormwater Management in Your Schoolyard** (1,321,709 students in 2,312 public schools)

- Delivering K-12 educational programs
- Engaging student in design process
- Building green infrastructure practices on school properties
- Assisting with green certification for schools













#### **QUESTIONS?**

Christopher C. Obropta, Ph.D., P.E. Email: <u>obropta@envsci.rutgers.edu</u> <u>www.water.rutgers.edu</u>





