

Physostegia virginiana
Obedient Plant/False Dragonhead



Summer Foliage



Summer Flowers

Characteristics: Perennial herb

Appearance:

Height – 1-4 ft.

Spread – 2-3 ft.

Flower Color – Pink, pale purple, white

Flowering Period – June-August

Habitat (Community): Swamps, damp thickets, wet woods, and moist prairies

Hydrology:

Indicator Status – Facultative +, Obligate Wetland

Non-Tidal Regime – Best grown in moist to wet soils in full sun.

Wildlife Benefits: Attracts hummingbirds

Distribution: Maine and Quebec to Manitoba and North Dakota, south to Florida and northern Mexico